

SAMPLE MENU:

BREAKFAST

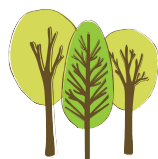
NOON

EVENING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Choice of Juice Choice of Cereal Frosted Cinnamon Roll Strawberries Milk	Choice of Juice Choice of Cereal Sausage Gravy Biscuit Pears Milk	Choice of Juice Choice of Cereal Egg & Bacon Toast w/ Jelly Banana Milk	Choice of Juice Choice of Cereal Sausage Link Pancakes w/ Syrup Cinnamon Baked Apples Milk	Choice of Juice Choice of Cereal Egg Toast w/ Jelly Apricots Milk	Choice of Juice Choice of Cereal Egg Raspberry Streusel Coffee Cake Blueberries & Milk	Choice of Juice Choice of Cereal Egg Toast w/ Jelly Mixed Fruit Milk
Beef Pot Roast <i>(ALT: Baked Ham)</i> Sour Cream Mashed Potatoes Beef Gravy Sweet Garlic Roasted Carrots Roll w/ Butter Pie Milk	Cornbread Crusted Pork Chop <i>(ALT: Breaded Fish Silet)</i> Baked Yam Pea Salad Bread w/ Butter Triple Berry Crisp Milk	Reuben Sandwich <i>(ALT: Chicken Tenders)</i> French Fries Creamy Coleslaw Cherry Orchard Bar Milk	Manicotti w/ Meat Sauce <i>(ALT: Scalloped Potatoes w/ Ham)</i> Cascade Blend Veggies Garlic Toast Blueberry Bat Milk	Fried Chicken <i>(ALT: Grilled Brat/Bun w/ Sauerkraut)</i> Homemade Potato Salad Green Beans w/ Bacon Strawberry Sponge Shortcake Milk	Catch of the Day <i>(ALT: Swiss Steak w/ Tomatoes)</i> Cheesy Rice Broccoli Bread w/ Butter Seasonal Fresh Fruit Milk	Tater Tot Casserole <i>(ALT: Tuna & Noodles)</i> Toss Salad w/ Dressing Bread w/ Butter Smores Brownies Milk
Flatbread Pizza <i>(ALT: Chicken Alfredo)</i> Toss Salad w/ Dressing Pears Cookie Milk	Grilled Hamburger/Bun <i>(ALT: Sloppy Joe/Bun)</i> Baked Beans Homemade Potato Salade Homemade Cheesecake Milk	Chicken Salad <i>(ALT: Cook's Choice)</i> Seasonal Fresh Fruit Muffing Ice Cream Sundae Milk	Apricot Meatballs <i>(ALT: Chicken Kiev)</i> Seasoned Mini Bakers Cream Cheese Corn Bread w/ Butter Seasonal Fresh Fruit Milk	Burrito <i>(ALT: Cottage Cheese, Fresh Fruit, Plate Crackers)</i> Spanish Rice Refried Beans Fruit Cobbler Milk	Classic Quiche <i>(ALT: Grilled Turkey/Swiss Cheese Sandwich, Potato Chips)</i> Fried Potatoes Cottage Cheese & Peaches Donut Holes & Milk	Chili Dog/Bun <i>(ALT: Cheeseburger/Bun)</i> Macaroni & Cheese Baked Beans Mandarin Oranges Milk

GUESTS ARE WELCOME TO DINE WITH US!

- Call 319-343-0024 for weekly menu
 - Leave number of guests & entrée choice
- Guest meals are \$10 each
- 24-hour notice is appreciated



CenterPoint Heights
A Senior Living Community

319-343-0024 | CenterPointHeights.com
800 Mustang Lane | Center Point, IA 52213