



Discover
Center Point Heights

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Center Point Heights

Enhanced Living • *Assisted Living* • *Independent Living*





August

2023

NEWSLETTER



September

2024
NEWSLETTER



October

2024

NEWSLETTER



November

2024

NEWSLETTER



December

2024
NEWSLETTER

December

**ACTIVITY
CALENDAR**

The background of the lower half of the page features three stylized tree silhouettes in a light green color. Each tree has a vertical trunk and a rounded, branching canopy. They are positioned behind the 'ACTIVITY CALENDAR' text.

January

**ACTIVITY
CALENDAR**

The background features three stylized tree silhouettes in a light green color, positioned behind the text. The trees have thin trunks and rounded, branching tops. The overall design is clean and modern.

The image features a solid light green background. In the center, there are three stylized tree silhouettes in a slightly darker shade of green. Each tree has a thin trunk and a canopy of vertical lines representing branches or leaves. The trees are arranged in a row, with the middle one being the tallest and the two flanking ones being shorter. The text 'ACTIVITY CALENDAR' is centered over the trees in a bold, dark brown, sans-serif font, split into two lines.

ACTIVITY CALENDAR

The image features three stylized trees with rounded, oval canopies and thin trunks. The trees are rendered in a light brown color against a darker brown background. A horizontal green banner is positioned across the middle of the trees. The word "Progress" is written in a white, cursive font across the banner, and the word "PHOTOS" is written in a bold, dark brown, sans-serif font below it.

Progress
PHOTOS

The background features three stylized trees with rounded, oval canopies and thin trunks. The trees are rendered in a light brown color against a darker brown background. A horizontal green band is superimposed across the middle of the image, containing the text.

Open House
PHOTOS

The background features three stylized trees with rounded, oval canopies and thin trunks. The trees are rendered in a light beige or tan color. A horizontal band of vibrant lime green is superimposed over the middle of the trees. The text 'Monthly' is written in a white, elegant cursive font across this green band. Below it, the word 'ENTERTAINMENT' is written in a bold, dark brown, all-caps sans-serif font, also centered within the green band.

Monthly
ENTERTAINMENT



June

2024

NEWSLETTER



August

2024

NEWSLETTER

SAMPLE MENU:

BREAKFAST

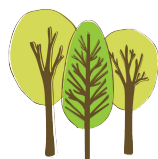
NOON

EVENING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Choice of Juice Choice of Cereal Scrambled Eggs Frosted Cinnamon Roll Strawberries Milk	Choice of Juice Choice of Cereal Egg Bites Toast & Butter / Jelly Pears Milk	Choice of Juice Choice of Cereal Fried Egg Toast w/ Jelly Banana Milk	Choice of Juice Choice of Cereal French Toast / Syrup Sausage Patty Cinnamon Baked Apples Milk	Choice of Juice Choice of Cereal Biscuits & Sausage Gravy Toast w/ Jelly Apricots Milk	Choice of Juice Choice of Cereal Egg Bake Pumpkin Streusel Coffee Cake Blueberries & Milk	Choice of Juice Choice of Cereal Fried Egg Toast w/ Jelly Mixed Fruit Milk
Honey Baked Ham <i>(ALT: Baked Chicken)</i> Cheddar Mashed Potatoes Vegetable Blend Roll w/ Butter Pie Milk	Maple Bacon Chicken Sandwich <i>(ALT: Meatball Sub)</i> French Fries Hot Spiced Beets Carrot Cake Milk	Baked Ziti <i>(ALT: Stuffed Chicken)</i> Baked Potato Seasonal Veggies Garlic Toast Pumpkin Dessert Milk	Herb Pork Loin <i>(ALT: Breaded Fish Fillet)</i> Candy Sweet Potato Buttered Peas Bread/Butter Lemon Lime Delight Milk	Pepper Steak <i>(ALT: Baked Pork Chop)</i> Mashed Potatoes Scandinavian Veg. Bread/Butter Toffee Bar Blondie Milk	Citrus Salmon <i>(ALT: Ham Steak)</i> Au Gratin Potatoes Broccoli Fruited Gelatin Milk	Chicken Quarters <i>(ALT: Pork Tenderloin on Bun)</i> Ranch Potatoes Mixed Veggies Bread/Butter Cookie Milk
Tuna Mac & Cheese <i>(ALT: Cheddar Omelet)</i> Green Beans Bread/Butter Apricots Milk	Taco Soup <i>(ALT: Scalloped Potatoes and Ham)</i> Cheese Quesadilla Side Salad w/Dres. Chilled Fruit Milk	Hot Turkey Sand. <i>(ALT: Country Fried Steak)</i> Mashed Potatoes Gravy Winter Fruit Cup Milk	French Onion Beef & Noodle Soup <i>(ALT: Cold Cut Sandwich)</i> Potato Chips Sweet Corn Salad Garlic Chs Bread Pears Milk	Chicken and Waffles <i>(ALT: Hamburger on Bun)</i> Tater Tots Carrots Banana Berry Cup Milk	Brat on Bun <i>(ALT: Loaded Baked Potato)</i> Corn Peaches Texas Sheet Cake Milk	Beef Barley Soup <i>(ALT: Chef Salad)</i> 1/2 Egg Salad Snd. Cream Coleslaw Crackers Mandarin Oranges Milk

GUESTS ARE WELCOME TO DINE WITH US!

- Call 319-343-0024 for weekly menu
 - Leave number of guests & entrée choice
- Guest meals are \$10 each
- 24-hour notice is appreciated



CenterPoint Heights
A Senior Living Community

319-343-0024 | CenterPointHeights.com
800 Mustang Lane | Center Point, IA 52213

COME DINE WITH US!



WE WILL DO THE
SET-UP, COOKING,
AND CLEAN-UP!



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